



Rathfriland High School

Free School Meals - Advocate Policy

We advocate for pupils receiving Free School Meals because we understand that access to nutritious meals is a fundamental prerequisite for effective learning.

When pupils have regular, balanced meals, it positively influences their physical and mental well-being, enhancing their ability to concentrate, participate and succeed academically.

Teachers often witness first-hand the impact of hunger on pupils' focus, behaviour and overall performance in the classroom. By advocating for Free School Meals, teachers aim to eliminate barriers to learning, ensuring that every child, regardless of their socioeconomic background, has the opportunity to thrive in the educational environment.

Addressing basic needs like food security creates a level playing field, fostering a more inclusive learning experience for all pupils.

If you need support with your application, supporting documentation or have any questions, please contact Miss H Brady: hbrady417@c2ken.net